



**YMCA**  
**Camp Elphinstone**

Place of a  
Million Memories!



**2024**

Friendships start here.



Registration opens  
January 14!  
See page 15 for details.

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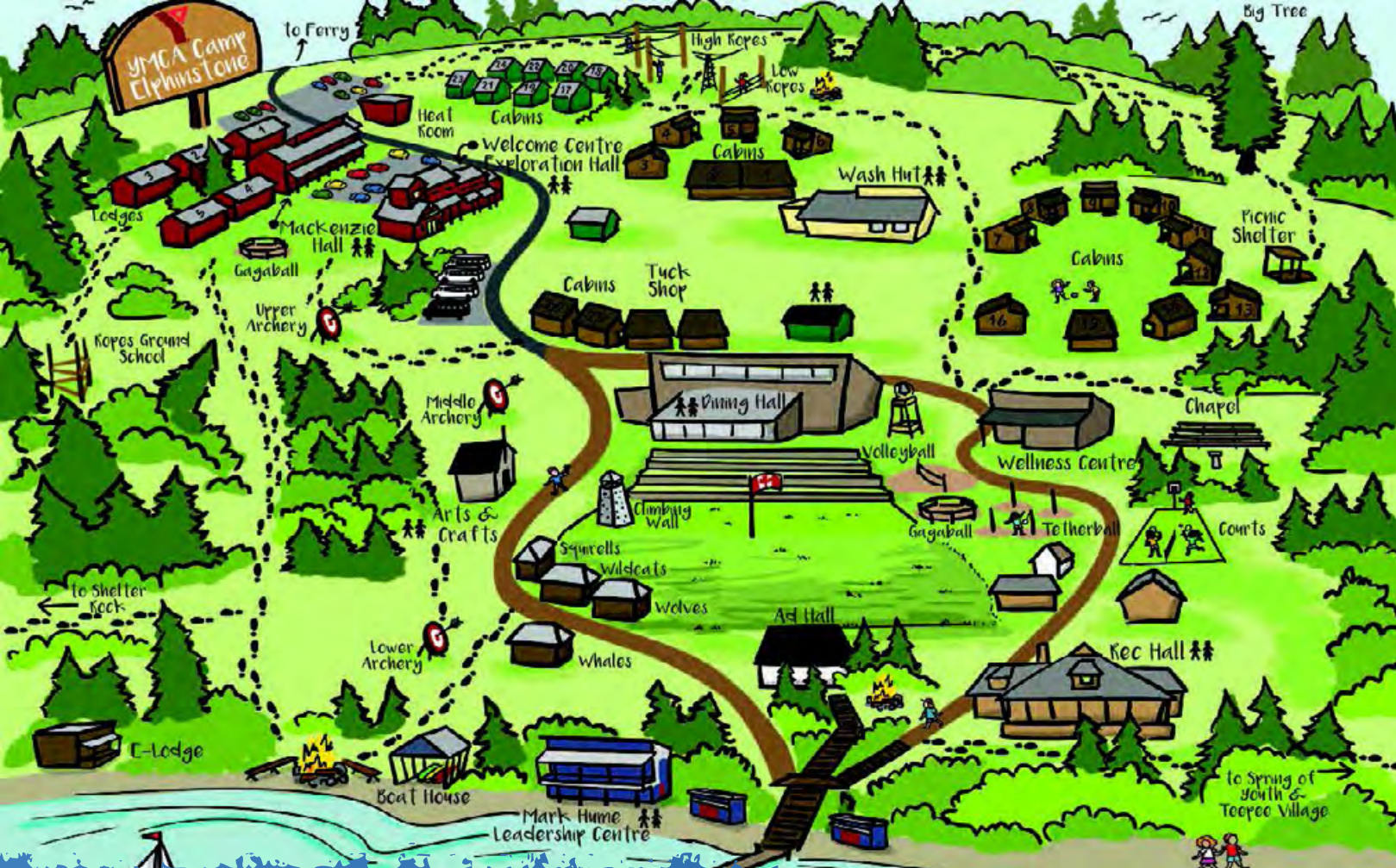


### YMCA Camp Elphinstone

Surrounded by temperate rainforest and the rocky shoreline of Howe Sound, YMCA Camp Elphinstone's 144 acres lets campers experience the beauty of the Pacific Northwest. Located on BC's Sunshine Coast near Gibsons, just a 40-minute ferry ride from West Vancouver, Camp Elphinstone offers a variety of traditional and specialized programming.

### Overnight Camps

With an emphasis on building independence and personal development, campers gain confidence in the overnight camp setting. Campers learn new skills and challenge themselves with many traditional camp activities like canoeing, archery, and ropes courses. From specialized sailing our out-tripping camps to shorter introductory sessions for little ones, we have something for everyone.



**One and Two Week Camps (7-15 years)**  
Working together with cabin-mates, campers choose activities that meet their interests and skill levels. Campers build friendships as they engage in exciting activities alongside one another—sailing, archery, climbing, ropes courses and so much more. Campers live in cabins with up to 10 children close in age, along with two experienced counsellors.



**McNabb Camp (5-7 years)**  
A perfect introduction to overnight camp for little ones, this camp offers younger campers a shorter, three-night camp experience that focuses on creating a comfortable environment for many campers' first time away from home. McNabb campers enjoy their meals in a smaller open-air dining hall and live in lodges with in-house washrooms and showers for easy access. McNabb campers are introduced to camp programs like rock climbing, canoeing, archery, and sailing. All staff are trained to deliver age-appropriate programming and to ensure proper care of our youngest overnight campers.

## A Typical Day at Camp

### Chapman Section (ages 7-11) & McNabb Section (ages 5-7)

7:00 a.m. - Morning Activity (optional)	6:00 p.m. - Cabin Choice
8:00 a.m. - Breakfast	7:00 p.m. - Evening Program
8:45 a.m. - Cabin Clean-Up	8:00 p.m. - Flagpole
9:15 a.m. - Cabin Activities	8:15 p.m. - Evening Snack
12:00 p.m. - Lunch	8:30 p.m. - Flush & Brush/Wellies
1:00 p.m. - Siesta (Rest Time)	9:30 p.m. - Lights Out
2:00 p.m. - Skills Selects	
5:00 p.m. - Dinner	

*\*McNabb campers will be in lodges for the night with lights out at 8:30 p.m.*

### Dakota Section (ages 12-15)

8:00 a.m. - Morning Activity	6:15 p.m. - Dinner
9:15 a.m. - Breakfast	7:30 p.m. - Evening Program
10:00 a.m. - Cabin Clean-Up	8:30 p.m. - Flagpole
10:30 a.m. - Cabin Activities	8:45 p.m. - Evening Snack
1:15 p.m. - Lunch	9:00 p.m. - Flush & Brush/Wellies
2:15 p.m. - Siesta (Rest time)	10:00 p.m. - Lights Out
3:15 p.m. - Skills Select	

**Cabin Activities** allow campers to participate in a variety of activities as a cabin, helping to build friendships and develop teamwork. Campers will have a chance to experience a wide array of Elphinstone's programs with their cabin group including kayaking, rock climbing, sailing, archery, arts & crafts, and many more!

**Skill Selects** allow campers to choose two activities to focus on while at camp. These include high ropes, canoeing, mountain biking, photography, stand up paddle boarding, and many more. Campers will be able to choose one water-based and one land-based skill each week, meeting with their group each afternoon to focus on skill development.

**Flagpole** is a time for an entire section to have a fun meeting at the flagpole on the main field. This includes daily awards, important camp updates, fun skits about evening programs or the weekly theme day, and of course the end of the day song.

**Evening Programs** are group activities that campers enjoy together, like camp-wide games, campfires, or skits nights.

**Cabin Choice** is an opportunity for the entire cabin to choose what they would like to do as a group. This can be one of their favourite cabin activities, a creative/original program, or something relaxing depending on how the group is feeling.

**"We were impressed that so many activities were values-based. My kids came home with valuable lessons on inclusion and one of my kids won a value award at end of the week. This stuff fills me up. They had great leaders and are begging to go back."**

**-Camp parent**





### Sunshine Coast Trail (12-14 years)

Campers are challenged with a scenic four-day backpacking trip on the Sunshine Coast Trail. Perfect for kids who are new to out-tripping, campers form friendships and develop leadership skills in a focused team-building environment. Experienced and well-trained staff will lead the trip and ensure that all campers have the opportunity to take on responsibilities like packing, cooking, leader of the day, and navigating. The route will take campers from Saltery Bay to Lois Lake and features the challenging, but rewarding hike up Mount Troubridge, which is the highest point along the Sunshine Coast Trail.



### Desolation Sound (13-15 years)

This two-week camp features a nine-day sea kayak trip through one of the most breathtaking coastal settings in Canada. Campers develop confidence and teamwork skills in this introduction to backcountry living and coastal paddling. An excellent pre-Leadership Development experience, campers must be prepared to work together on trip planning and execution.

## LEADERSHIP DEVELOPMENT

**Our two-year Leadership Development program is designed to help youth learn valuable leadership skills that are transferable to a broad spectrum of life or work situations. A sense of responsibility, self-discipline, and initiative help campers succeed in this program.**

### Leadership Development (15-16 years)

This two-week program teaches campers the technical skills associated with delivering camp activities while focusing on team building. Campers participate in a canoe or backpacking out-trip experience and are offered the opportunity to build strong, lasting friendships in a positive and constructive setting. Youth gain a solid foundation in delivering all types of camp programming while learning how to support others.

### Leadership Development 2 (16-17 years)

This three-week program allows campers the chance to apply skills learned in Leadership Development 1 and continue to grow as leaders with a focus on increased responsibility and more intentional skill development. This program emphasizes initiative, communication and the group care skills necessary to be a strong leader

in a camp setting or elsewhere. Participants work directly with groups of young campers to practice their teaching and group care skills. Campers receive instruction and examination in Bronze Medallion/Bronze Cross. Some school districts may accept these certifications towards partial credits.

Many Leadership Development (LD) campers choose to apply for future positions at camp following completion of the program. YMCA volunteers must be 17 years old on the first day of summer camp and YMCA staff must be 18 years old by the end of the 2024 calendar year. For these reasons, we mandate that campers be the minimum age listed before they join the program. Please note that participation in the LD program does not guarantee future employment with Camp Elphinstone.





2024 Dates  
August 25-28 &  
October 11-13



### **Day Camp (5-12 years)**

Camp Elphinstone offers an action-packed day camp program Monday-Friday in July and August. Campers are placed into groups with two counsellors and take part in all of the same activities as overnight campers, such as rock wall, kayaking, swimming, archery, and sailing before they return home at 4:00 p.m.

Camp Elphinstone provides a nutritious lunch each day for day campers. Transportation option for day camp include pick up/drop off directly at Camp Elphinstone or the day camp bus (\$100/week plus GST), which stops in Halfmoon Bay, Sechart, Davis Bay, Roberts Creek, Upper Gibsons, and Lower Gibsons.

### **Family Camp (all ages)**

YMCA Camp Elphinstone offers an ideal setting for families to focus on what's most important— spending time together. Family Camp is a great way for families to escape the city without the hassle of pitching a tent or driving long distances. Campers participate in a variety of camp activities and organized programs for children, adults and the whole family. Families may choose from two different types of accommodation, cozy lodge rooms or private cabins, and we make sure everyone is well fed with three daily nutritious, delicious, kid-friendly meals in our dining hall. Relax, reconnect, and join us for a quality family experience you'll never forget!

### **Summer Family Camp (August 25 - 28)**

Summer Family Camp is a four-day camp that features all of our most popular warm-weather programming. In the morning and afternoon, families can choose between activities like rock climbing, sailing, canoeing, archery, high ropes, kayaking, and much more! Families can choose to sign-up for activities together or to sign-up separately, as YMCA staff will always be present to supervise children during scheduled activities. Each evening we will have a campfire, a camp-wide game, and finish the day off with an optional adult social while YMCA staff supervise children in cabins/lodges.

### **Fall Family Camp (October 11 - 13)**

Fall Family Camp is a three-day camp on Thanksgiving weekend offering programs like rock climbing, canoeing, kayaking, archery, campfires, and indoor options in the case of inclement coastal weather. Relax, unwind, and enjoy the fall beauty this year, along with a full Thanksgiving dinner prepared by our Camp Elphinstone chefs. Don't forget about the annual Great Pumpkin Drop!

Need help planning your family's camp experience? Email us at [camp.elphinstone@bc.ymca.ca](mailto:camp.elphinstone@bc.ymca.ca).

## YMCA Camp Elphinstone 2024 Dates & Fees

	Price (tax incl)	Session A		Session B		Session C		Session D		
Summer	2024 Fees	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Week 8	Week 9
<b>1 Week Camp (7 - 15 years)</b>	<b>\$1,036.40</b>	June 30 - July 5	July 7 - 12	July 15 - 19	July 21 - 26	July 28 - Aug. 2	Aug. 4 - 9	Aug. 11 - 16	Aug. 18 - 23	
<b>2 Week Camp (7 - 15 years)</b>	<b>\$1,881.97</b>			July 15 - 26		July 28 - Aug. 9		Aug. 11 - 23		
<b>McNabb (5 - 7 years)</b>	<b>\$668.50</b>				July 23 - 26	July 30 - Aug. 2	Aug. 6 - 9	Aug. 13 - 16		
<b>Sunshine Coast Trail (12 - 14 years)</b>	<b>\$1,113.27</b>		July 7 - 12					Aug. 11 - 16	Aug. 18 - 23	
<b>Desolation Sound (13 - 15 years)</b>	<b>\$2,190.83</b>			July 15 - 26		July 28 - Aug. 9				
<b>Leadership Development 1 (15 - 16 years)</b>	<b>\$2,022.14</b>	June 30 - July 12		July 15 - 26		July 28 - Aug. 9		Aug. 11 - 23		
<b>Leadership Development 2 (16 - 17 years)</b>	<b>\$2,578.61</b>	June 30 - July 19			July 21 - Aug. 9			Aug. 11 - Aug. 30		
<b>Summer Family Camp (all ages)</b>	<b>\$1,225.16</b>									Aug. 25 - 28
<b>Day Camp (5 - 12 years)</b>	<b>\$291.01</b>	July 1 - 5	July 8 - 12	July 16 - 19	July 22 - 26	July 29 - Aug. 2	Aug. 5 - 9	Aug. 12 - 16	Aug. 19 - 23	Aug. 26 - 30
<b>Fall</b>										
<b>Fall Family Camp</b>	<b>\$834.46</b>	Oct. 11 - 13								



Campers travelling to Camp Elphinstone have the option of travelling by ferry from Horseshoe Bay ferry terminal to Langdale ferry terminal or they can be dropped off directly at camp.



## Transportation For Overnight Camps

### Option 1 – Horseshoe Bay Ferry Terminal (\$20 round trip)

Campers and families will sign in with YMCA staff at Horseshoe Bay. YMCA staff and campers will walk onto the ferry and travel together.

If you are dropping your child off at Horseshoe Bay ferry terminal...

- Drop Off to Camp: 10:00 a.m. on Sunday
- Pick Up from Camp: 11:40 a.m. on Friday

When you arrive at the ferry terminal, please look for YMCA staff who will direct you the appropriate area—we will direct campers and families to the grassy knoll by the water directly behind the ferry terminal. Sign in will take a little bit of time and parents/guardians are required to stay with their child until they have been through the sign-in process. Please do not purchase a ferry ticket as this is included in your registration fees.

**Please note:** BC Ferries has not finalized its summer schedule and YMCA Camp Elphinstone reserves the right to change the ferry times listed above. Confirmation will be sent to families prior to the summer.

### Option 2 – Drop-off/Pick-up at Camp Elphinstone

Parents/guardians can also drop off campers at Camp Elphinstone on the first day of camp and/or pick them up on the last day of camp. YMCA staff will be present to welcome everyone to camp and help with sign in/out.

If you are dropping your child off directly at YMCA Camp Elphinstone...

- Drop-off: Between 1:00 p.m. and 1:30 p.m. on Sunday (No lunch is provided on first day of camp for campers dropped off directly at camp)
- Pick-up: Between 9:45 a.m. and 10:15 a.m. on Friday



### YMCA Camp Staff

All staff are trained leaders committed to the well-being of children, and have completed the following before camp starts:

- A criminal record check, three reference checks and personal interview
- First Aid and CPR-C certification
- Bronze Cross or National Lifeguard certification
- At least seven days of training, which includes topics such as child protection, child guidance, risk management and supervision.

### Health & Safety

The health and safety of your child is our first priority. Camp Elphinstone is operating under a Communicable Disease Safety Plan per Provincial Health Guidelines and regularly consults with our local health department regarding any updates or changes to protocols. Detailed information on our Safety Plan can be found on our website. We comply with various health and safety regulations and industry standards to ensure a safe environment.

Please note that the YMCA does not guarantee a nut-free facility. If your child has a nut allergy, please contact us.

Our YMCA Camp Elphinstone location boasts:

- Nationally certified lifeguards to supervise our waterfronts
- A well-equipped Wellness Centre with staff trained to handle emergencies, including a full-time Wellness Director
- A nearby medical clinic for other emergencies
- A kitchen that not only offers nutritious and well-balanced meals but also ensures dietary concerns are addressed
- High ropes course and climbing tower accredited by the Association of Challenge Course Technology
- BC Camps Association accreditation



## How to register

**Online:** [myYMCA.ca](https://myYMCA.ca)  
**By Phone:** 604.939.9622  
**In Person:** At your local YMCA

**Need help planning your camp experience?** No problem, we're happy to help! Contact us by phone or by email at [camp.elphinstone@bc.ymca.ca](mailto:camp.elphinstone@bc.ymca.ca).

### Deposit

Fees may be paid in full or a non-refundable deposit of \$50 per week for day camps or \$150 for overnight camps will be collected at the time of registration. Deposits will be applied to the overall cost of camp.

### Financial Assistance

No one should miss out on a YMCA camp experience. That's why we offer financial assistance and payment plans to assist those whose financial circumstances would otherwise prevent them from attending camp. Please contact us for more information and a confidential application form, or to find out how you can help support a child in need. Applications must be received at least two weeks prior to camp start date.

### Transportation

Any transportation changes must be made in writing at least one week prior to camp start date.

### Tuck Shop

Offering items that range from juices and snacks to branded knick-knacks, T-shirts and other swag, campers are given time to visit the Tuck Shop once during their stay. Items range in price from \$2 to \$65.

Please specify Tuck Shop credits at the time of registration in \$10 increments. Only remaining credits over \$10 will be refunded. The Tuck Shop also accepts cash payments.

### Cancellation Policy

To cancel your camp experience, notification must be received in writing no later than two weeks prior to the start of your camp session, in order to receive a full refund (less the non-refundable, non-transferable \$50 per week day camp or \$150 overnight camp deposit).

Session transfers must be completed at least one week prior to session start date.

## Bring a friend and get 10% off!

**Register with a friend who did not attend a YMCA camp in 2023 and you both will receive 10% off your summer camp session fee.**

- You must have attended Camp Elphinstone in 2023 to be eligible for this discount.
- This discount may only be applied to one friend who did not attend in 2023.
- The discount will be issued as a refund after both parties have registered and paid.
- The discount will be applied only to the session fee before tax and will not be applied to optional add-ons including but not limited to transportation fees and Tuck Shop credits.



### Inclusion at Camp

We are dedicated to the creation of a safe, secure space for those seeking services with us. It is the policy of YMCA Camp Elphinstone to maintain and promote a facility that provides the highest quality of services to our campers regardless of their actual or perceived gender identity or sexual orientation. We encourage the parent(s) or guardian(s) of any transgender, trans, and gender non-conforming campers to contact the Camp Director to discuss the commitments to inclusion made by YMCA Camp Elphinstone and how we can best welcome and support your camper(s). YMCA Camp Elphinstone works closely with the Pride Camping Association to ensure we are providing an inclusive and positive experience to all of our campers and families.



### Accessibility at Camp

The YMCA welcomes children of all abilities to our programs. Camp Elphinstone staff are trained and able to assist campers with physical and developmental disabilities. In the event that your child requires one-on-one support, one of our Inclusion Counsellors will be assigned to ensure your child's needs are met. Our staff will help modify and adapt programming to ensure your child is included and integrated into the Camp Elphinstone experience.

**If your child requires one-on-one support while at camp, please contact the Summer Camp Director prior to registration to discuss how we can best support your child.**





Photo: Jennifer Picard — Wedding Photography

## Private Rentals September - June

Host your next private function or event at our award-winning venue. YMCA Elphinstone Event and Retreat Centre offers an ideal place to connect with your colleagues, family or friends. From weddings and conferences to team building getaways and wellness retreats, let our 144 acres of oceanfront and lush rainforest make your next event a memorable one! Full catering options available, along with a range of activities that everyone can enjoy.

To learn more about dates and packages, contact 604-886-2025 or email [camp.elphinstone@bc.ymca.ca](mailto:camp.elphinstone@bc.ymca.ca).

[ymcaelphinstone.ca](http://ymcaelphinstone.ca)

